

Noah Rubinstein, LMFT, Executive Director
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To Whom it May Concern-

It is with great respect and joy I write to you in recommendation of Judith Barr, MS, LMHC as a highly skilled and valuable Continuing Education provider. Judith has worked with GoodTherapy.org for five separate events. Her energy, experience, and compassion with participants make her a highly qualified presenter of live seminars, workshops, teleconferences, and home study Continuing Education. With over 30 years of depth psychotherapy experience and a powerful and well loved book, "Power Abused, Power Healed", it is evident that Judith is dedicated and highly qualified as a Continuing Education provider.

As a presenter, Judith is highly engaging and creates a safe, welcoming environment where participants feel comfortable to share their personal experiences and relate with others. She is very committed to creating this type of environment, and truly cares about the personal safety of those in her programs. Judith's compassion spans beyond her presentation style but also into her material. The material Judith presents in her workshops is truly unique and vital to those in the helping professions. She is an innovative, creative thinker, and is clearly knowledgeable in the fields she discusses. Her presentation style is incredibly thorough and comprehensive, sure to reach all participants. Her workshops are made exciting and inspiring by her use of a variety of techniques in each session, including the use of solid, tangible examples of the material she is covering, demonstrations, and experiential exercises. Her energy is positive, contagious, and inviting.

In addition to Judith's skills in continuing education, she is also very attentive, communicative, and highly reliable in correspondence. Because she devotes much of her energy to creating healthy relationships and promoting healing, she is an absolute joy to work with, open to criticism and appreciative of honest conversation. Judith is a Topic Expert for the topic "Power: Healing to the Root" on the GoodTherapy.org blog and submits monthly articles that are very popular among readers. It is clear that through her varied work with our organization that she is skilled in finding a number of ways to reach others.

Judith is clearly committed to continually challenging herself, finding new ways to extend her depth and her wisdom to others, and innovating new ways to bring people to healing. I highly recommend her because of her work ethic, compassion, creativity and unique perspectives for Continuing Education programs.

Sincerely,

A handwritten signature in blue ink that reads "Noah" followed by a stylized flourish.

Noah Rubinstein, LMFT, Executive Director
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